

UPLIFT: A monthly ASCA newsletter of thriving and inspiration. Exclusively from The Morris Center for Healing from Child Abuse.

JUNE 2017



Featuring positive, uplifting information exclusively from The Morris Center for Healing from Child Abuse.

UPLIFT

In this issue, we feature an empowering TEDx Talks by an inspiring Adult Survivor of Child Abuse, and share an article by the Greater Good Science Center, exploring trauma in Adults. The Morris Center wants to remind you that you are awesome just the way you are.

Unable to view parts of this Newsletter?
[Click here for a web based version](#)



*Minh Dang, UC Berkeley, April 2017.
Original photography by ASCA participant Emma Rae Lierley*

"[ASCA](#) was a key part of my journey to freedom."
-Minh Dang

After three years of attending ASCA support groups in Berkeley and San Francisco, CA, Minh bravely identified as a survivor of slavery and incest publicly in 2008, when MSNBC featured her story in a TV documentary. Minh is one of fifteen AAPI women named a Champion of Change by President Barack Obama. More recently in April of 2017, Minh delivered the inspiring and thought provoking presentation: "*Who's shame is it anyway?*" to a diverse mix of over 1500 attendees that included students, professors and thought leaders.

Minh Dang currently serves on the US Advisory Council on Human Trafficking

and is Co-Principal Investigator for a community based-research study funded by the National Institute of Justice. Minh has also previously served on The Morris Center Board of Directors. Minh received her M.S.W. from the University of California, Berkeley. Minh has won awards from the ACLU, the city of Berkeley, Cal Alumni Association, and more. Minh educates, advocates, is a love-warrior, artist, and writer.

[View Minh Dang's Who's Shame Is It Anyway?" TedxBerkeley 2017 video, here](#)

INFORMATIONAL RESOURCE

Would it surprise you to know that Sixty percent of adults report difficult childhood experiences?

An article published by the Greater Good Science Center at UC Berkeley explores: "*Why Are So Many Adults Today Haunted by Trauma?*"

[View the article in Greater Good Magazine here](#)

[Amazon will donate 0.5% of the price of your eligible AmazonSmile purchases to Norma J Morris Center For Healing From Child Abuse whenever you shop on AmazonSmile. Click to start donating at no additional cost to you, instantly while shopping on Amazon.](#)

UPLIFT joins our still ongoing, quarterly newsletter. We would love to feature you. If you would like to [volunteer](#), have comments or would like to provide supportive feedback for anyone featured in this newsletter, send an email to ascanewseditor@gmail.com by including their name in the subject line of your email.

A special thank you, to all those who have made a [donation to the Norma J Morris Center](#). We would not be here without you.

[The Morris Center for Healing from Child Abuse](#) | [Email](#) | [Subscribe to UPLIFT](#)

[Follow us on Facebook!](#)



NORMA J MORRIS CENTER FOR HEALING FROM CHILD ABUSE, PO Box 281535, San Francisco, CA 94128

[SafeUnsubscribe™ {recipient's email}](#)

[Forward this email](#) | [Update Profile](#) | [Customer Contact Data Notice](#)

Sent by ascanewseditor@gmail.com powered by



Try email marketing for free today!