

UPLIFT: A monthly ASCA newsletter of thriving and inspiration. Exclusively from The Morris Center for Healing from Child Abuse.

AUGUST 2018



UPLIFT

Featuring positive, uplifting information exclusively from The Morris Center for Healing from Child Abuse.

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**FIRST ASCA MEETING
IN
PENNSYLVANIA**



When: 2nd and 4th Thursdays, 7:30-9:00pm
Where: Beaver Falls (Chippewa Township) PA 15010
How: Prior to attending, contact Julie
telephone (724) 462-8180 or email ascabeaver@gmail.com

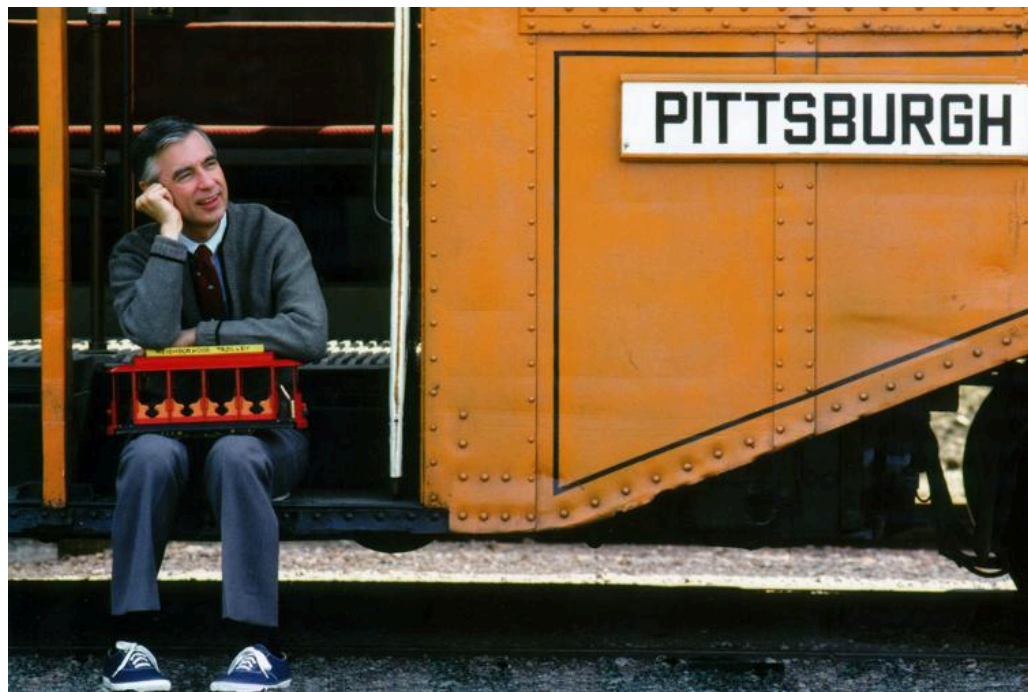


Photo of Fred Rogers from Children's Museum of Pittsburgh

"During my childhood, Mr. Rogers was the only adult who told me he liked me for who I really was, and taught me I was worthwhile just the way I am. I have memory of being molested by my dad since at least the age of 4. The moment I am most proud of in my lifetime, happened

at 6 years old. I had told my dad that I wished Mr. Rogers was my dad instead."

-ASCA Member in California

[Click here to read an article from Greater Good](#)
that shares 7 lessons from Mr. Fred Rogers that help
us be neighbors again.

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UPLIFT joins our still ongoing, quarterly newsletter. We would love to feature you. If you would like to volunteer, have comments or would like to provide supportive feedback for anyone featured in this newsletter, send an email to ascanewseditor@gmail.com by including their name in the subject line of your email.

A special thank you, to all those who have made a [donation to the Norma J Morris Center](#). We would not be here without you.

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