

UPLIFT: A monthly ASCA newsletter of thriving and inspiration. Exclusively from The Morris Center for Healing from Child Abuse.

APRIL 2020



UPLIFT

Featuring positive, uplifting information exclusively from
The Morris Center for Healing from Child Abuse.

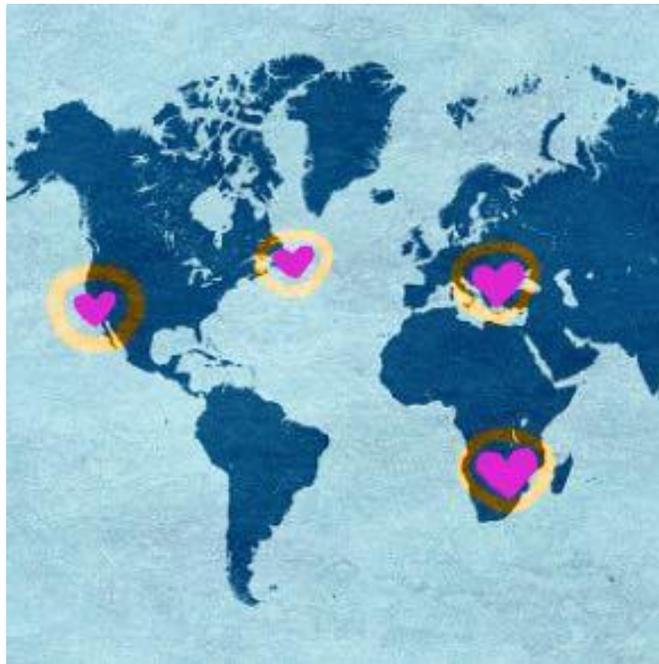
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**APRIL IS NATIONAL CHILD ABUSE PREVENTION
MONTH**



Did you know, the ratio of Adult Survivors of Child Abuse in the United States, is 1 in 6? Here at [The Norma J. Morris Center](#), we are committed to serving therapists, and the community of Adult Survivors of Child Abuse. That's why this month, we will be publishing more than one issue of our usual monthly e-newsletter.

In addition to this issue letting you know about training to become a support group co-facilitator (*which can also be taken as a refresher course for current co-facilitators*), our next newsletter will feature an article about resilience, written by [Patrick Gannon, Ph.D.](#), founder of the ASCA Self Help Recovery Program through the Norma J. Morris Center. Learn more about resilience in our Quarterly Newsletter, later this month. You won't want to miss it!



INTERESTED IN **FREE TRAINING
TO BECOME A CO-FACILITATOR?**

- Get the training you need to start your own ASCA Support Group!
- Receive future mentoring and guidance from other co-facilitators
- Give back to the ASCA community by learning how to hold safe meeting spaces

PART I and PART II:

APRIL 18th and APRIL 22nd

contact us to sign up today!

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UPLIFT joins our still ongoing, quarterly newsletter. We would love to feature you. If you would like to volunteer, have comments or would like to provide supportive feedback for anyone featured in this newsletter, send an email to ascanewseditor@gmail.com by including their name in the subject line of your email.

A special thank you, to all those who have made a [donation to the Norma J Morris Center](#). We would not be here without you.

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